CTS-6
Carpal Tunnel Syndrome Evaluation

Symptoms and History
1. Numbness predominantly or exclusively in median nerve area ___ (3.5)
   Sensory symptoms are mostly in the thumb, index, middle and/or ring fingers

2. Nocturnal numbness ___ (4)
   Symptoms are prominent when the patient sleeps; numbness wakes patient from sleep

Physical Exam
3. Thenar muscle atrophy and/or weakness ___ (5)
   The bulk of the thenar muscle area is reduced or manual motor testing shows strength of grade 4 out of 5 or less

4. Positive Phalen test ___ (5)
   Flexion of wrist reproduces or worsens symptoms of numbness in the median nerve distribution

5. Loss of 2-Point Discrimination ___ (4.5)
   A failure to discriminate two points held 5 mm or less apart from one another, in the median nerve innervated digits

6. Positive Tinel sign ___ (4)
   Light tapping over the median nerve at the level of the carpal tunnel causing radiating paraesthesias into the median innervated digits

TOTAL _____ (26)

A score of 12 or greater is associated with 80% probability of carpal tunnel syndrome
Higher total values increase the probability of carpal tunnel syndrome